

Saturday Morning Devotions: Power of the Pause  
“Be Still, and Know that I am God.” Psalm 46:10

Centering Meditation

Scripture: Luke 10: 38-42 - Jesus Visits Martha and Mary

Reading: **FIRE** ~ by Judy Brown

What makes a fire burn  
is space between the logs,  
a breathing space.  
Too much of a good thing,  
too many logs packed in too tight  
can douse the flames  
almost as surely as a pail of water would.  
So building fires requires attention  
to the spaces in between,  
as much as to the wood.  
When we are able to build open spaces  
in the same way we have learned  
to pile on the logs,  
then we can come to see how it is fuel,  
and absence of the fuel together,  
that make fire possible.  
We only need to lay a log lightly from time to time.  
A fire grows simply because the space is there,  
with openings in which the flame  
that knows just how it wants to burn  
can find its way.



Some questions to ponder for reflection:

How can you create some space for yourself this weekend?  
What do you hope to find there?  
What is the flame in your life that needs space to grow and shine more brightly?  
What do you need to keep it burning?

Silence

Song: Morning Has Broken