

*Evening Prayer Service
WCUC Women's Retreat*

Silent Prayer and Meditation

Opening Song: "Joyous Light of Heavenly Glory"

Reading: In the Truest of Places, by Susan Frybort

Silence for Reflection

*Psalm 23, Japanese Translation by Toki Miyashina - read responsively @ the **

The Lord is my Pace-setter, I shall not rush;*
God invites me to stop and rest for quiet intervals.

And provides me with images of stillness,*
which restore my serenity.

God leads me in ways of efficiency through calmness of mind,*
and God's guidance is peace.

Even though I have a great many things to accomplish each day,*
I will not fret, for God's presence is here;

It's timeless, and all important,*
and will keep me in balance.

God prepares refreshment and renewal in the midst of my activity,*
By anointing my mind with oils of tranquility.
My cup of joyous energy overflows.

Surely harmony and effectiveness shall be the fruits of my hours,*
for I shall walk, in the pace of my Lord
and dwell in God's house forever.

Reading: Matthew 11: 28-30

Silence for Reflection

Song: "Lord, Listen to Your Children Praying"

Community Prayers...Concluded with A Prayer by Maya Angelou

Closing Song: "Come to Me, O Weary Traveler"- words by Sylvia Dunston

Benediction: "Blessing in the Chaos" by Jan Richardson